

## Blood Biochemical and Immunological Responses to Garlic Oil Administration in Growing Rabbits Diet

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### Abstract

The effect of dietary supplementation garlic oil on performance and blood parameters of New Zealand White rabbits has been studied. The garlic oil was added at graded levels of 0.0, 0.25, 0.5 and 0.75 g/kg for T1 (control), T2, T3 and T4, respectively. A total of thirty six male rabbits, 7 weeks of age and with an initial weigh of 950 g were used. There were four treatments, each with three replicates (n = 3) in randomly divided design. The parameters investigated were growth performance, carcass yield, glucose, plasma lipids profile, immunoglobulin's G (IgG, IgA and IgM), antioxidant status and testosterone hormone. The results showed that feeding diet supplemented with garlic oil had insignificant effect on body weight, body weight gain, feed intake, feed conversion ratio, triglycerides, cholesterol, LDL and HDL. Rabbits fed the 0.5 g/kg garlic oil diet had significantly increased IgG level, hence improved immune responses and Testosterone hormone of rabbits. The colony forming units of coliform bacteria showed a significantly lower number compared with control. The present results indicate that supplemented of garlic oil at 0.5 g/kg of diet has a positive effect on HDL, immunoglobulin's G, antioxidant status and testosterone hormone in addition to its antibacterial effect.

**Keywords:** garlic oil, blood parameters, immunity, rabbits

### 1. Introduction

The utilization of anti-infection agents, as development parameters, in animal and poultry diets has been prevented because their residuals in animals' tissues and induction of microorganism antibiotic resistants (Roe & Pillai, 2003; Saleha et al., 2009). Thus, scientists are looking for safe choices: for example, phytobiotics, non-antibiotic prophylactics, and natural products for improving performance of animals. Several studies have been investigated the beneficial effects of garlic on human and animals, as antimicrobial, antiviral, antiparasitic and antioxidant properties (Ankri & Mirelman, 1999; Corzo-Martinez et al., 2007).

The majority of essential oils involves mixtures of phenolics and polyphenols, terpenoids, saponines, quinine, esters, flavone, flavonoids, tannins, alkaloids and nonvolatiles residues; however their concentration is variable. These compounds have many benefical effects as antimicrobial, digestive system, enzyme stimulators antioxidants, anticoccidail and forimprove utilization of nutrients by enhancing digestion, absorption and liver function (Ziarlarimi et al., 2011). Garlic (*Allium sativum*) is known worldwide as spice and herbal medicine for preventing a variety of diseases ranging from infection to cardiac diseases. Garlic supplement, as very rich aromatic essential content, to broiler chicks is fundamental because its strong stimulating effect on the immune system and its positive effects on digestion in birds (Demir et al., 2005). The benefits of garlic, for human, include reducing the total plasma cholesterol, blood pressure and platelet aggregation (Chan et al., 2013).

Garlic supplementation showed gross activity of caecum microflora (Abdel-Azeem & Abdel-Reheem, 2006). The garlic extract has been reported to have a critical role as anti-bacterial agents against multi-drug resistant bacteria (Rana et al., 2011; Salih et al., 2016). Sasaki et al. (1999) found that garlic powder against *Escherichia coli*, *Staphylococcus aureus*, *Salmonella enteritidis*, which has been used to fight bacterial infection since it exhibits abroad antibiotic spectrum against some bacteria strains (Adeniyi et al., 2006).

Therefore the present study was carried out to study the effects of different levels of garlic essential oil in the diet on growth performance, carcass yield, blood biochemical and immunological responses of growing NZW rabbits.

## 2. Materials and Methods

The present study was conducted at the rabbitry farm belonging to Agriculture Experimental Station, Poultry Production Farm, Faculty of Agriculture, Mansoura University, Egypt, during the period from March to May, 2016. Thirty six males, 7 week-old; New Zealand White rabbits (NZW) were randomly divided to four equal groups; each consisted of nine rabbits. The initial body weight of rabbits in all treatments ( $954 \pm 19.5$  g). Each treatment was replicated three times. The data of each replicate was pooled from three rabbits.

### 2.1 Experimental Design

Rabbits in T1 were fed on a commercial diet, whereas those in T2, T3 and T4 were fed on the commercial diet supplemented with garlic essential oil at levels of 0.25, 0.5, and 0.75 g/kg, respectively. The nutrients of the commercial diet is given in Table 1. Rabbits were housed on one tier- battery cages, each measuring  $50 \times 60$  cm; equipped with suitable feeders and nipple drinkers. The duration of experiment was 8 weeks (7-13 wk).

### 2.2 Measurements

The live body weight (LBW), body weight gain (BWG), feed intake (FI) and feed conversion ratio (FCR) were the criteria measured during the entire experimental period.

### 2.3 Blood Parameters

Before slaughtering and after complete bleeding, blood samples were individually collected from each rabbit in heparinized glass tubes. Blood glucose was immediately measured by one-touch blood glucose apparatus. Blood plasma was determined by separation by centrifugation at 3000 rpm for 15 minutes. The plasma samples were stored at  $-18$  °C for determining the concentration of cholesterol (Chol.; Allain et al., 1974), triglycerides (TG; Fossati & Prencipe, 1982), high density lipoprotein (HDL; Myers et al., 1994) and low density lipoprotein (LDL; Friedewald et al., 1972), total antioxidant capacity (TAC; Koracevi et al., 2001), malondialdehyde (MDA; Mihara & Uohiyama, 1978). Testosterone assay was done by RIA, according to Sharp et al. (1977). Immunoglobulins (IgG, IgA and IgM) were determined by EIISA technique as reported by Bianchi et al. (1995).

Microbiological contents of the ceca from 3 rabbits/treatments were collected. The numbers of anaerobic bacteria, lactose enterobacteria as coliform bacteria, were counted on appropriate selective and nonselective agar plates.

### 2.4 Analytical Methods

Counting of Bacteria: Cecal contents from each treatment were at once transferred under a stream of CO<sub>2</sub> into tubes containing 9 mL of a sterilized water. Total bacterial counts were determined on Nutrient Agar (Merck, 1994, 10233). Coliform bacteria were counted on MacConkey Agar (Merck, 1994, 5465) incubated aerobically for 24 h at 37 °C.

### 2.5 Statistical Analysis

One-way ANOVA was performed to analyze the data and means were separated using Duncan's multiple range test ( $\alpha = 0.05$ ; SAS, 1996).

Table 1. Composition and calculated analysis of a commercial diet

Ingredients (%)	Growing diet (7-14 weeks)
Alfalfa hay	20.00
Wheat bran	22.00
Soy bean meal (44% CP)	20.00
Fennel straw	15.00
Barley	10.00
Yellow corn	10.00
Limestone	1.20
Dicalcium phosphate	1.00
Salt	0.50
Vit. & Min. Premix*	0.30
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<i>Calculated analyses (NRC, 1994)</i>	
Digestible energy (kcal/kg)	2512
Crude protein %	18.02
Crude fiber %	15.30
Ether extract %	2.87
Calcium %	1.30
Non-phytate P %	0.71
Lysine %	0.88
Methionine %	0.23
Meth. + Cyst. %	0.54

*Note.* \* Each 3 kg Vit. & Min. Premix contains: Vit.A, 10,000,000 IU; Vit.D3, 1,000,000 IU; Vit.E, 10 g; Vit.K3, 1 g; Vit.B1, 1 g; Vit.B2, 4 g; Vit.B6, 1.5 g; Nicotinic acid, 20 g; Pantothenic acid, 10 g; Vit.B12, 10 mg; Biotin, 50 mg; Folic acid, 30 g; Choline chloride, 50 g; Fe, 30 g; Mn, 40 g; Cu, 3 g, I, 0.45 g; Zn, 45 g and Se, 0.1 g.

### 3. Results and Discussion

#### 3.1 Growth Performance and Carcass Yield

The effect of dietary supplementation of garlic essential oil on growth performance of rabbits during the experimental are shown in Table 2. There were no significant differences in LBW, BWG, FI and FCR during the starter and finisher periods due to garlic treatments. However, there is numerical increased in LBW and BWG of rabbits fed that T3 diet accompanied the best FCR during the whole experiment period (7-13 WK) although the difference lacked the significant level. These result are in agreement with other studies (Hossian et al., 2015; Alagawany et al., 2016) which indicated that the growth performance parameters of rabbits were not affected by garlic supplementation.

Table 2. Effect of garlic oil administration on productive performance of NZW rabbits at different ages

Treat.	LBW (Kg)			BWG (Kg)		FI (Kg)		FCR	
	7	10	13	7-10	7-13	7-10	7-13	7-10	7-13
----- wk -----									
T1	0.96	1.62	2.13	0.66	1.18	1.96	4.33	2.96	3.67
T2	0.96	1.53	2.05	0.58	1.09	1.87	4.24	3.26	3.89
T3	0.96	1.60	2.20	0.63	1.23	1.85	4.24	3.01	3.48
T4	0.94	1.57	2.10	0.62	1.16	1.91	4.21	3.07	3.67
SEM	0.02	0.04	0.059	0.04	0.06	0.02	0.07	0.22	0.20
Sig.	NS	NS	NS	NS	NS	NS	NS	NS	NS

Table 3 summarizes the effect of garlic oil supplementation on carcass characteristics at 13 weeks of age. Compared with the control diet, carcass weight and yield as well as liver, kidney, lungs and giblets were not significantly influenced by the garlic oil supplementation at the end of the experiment, however, the heart and

testes were significantly higher in rabbits of garlic groups 0.5 and 0.75 g/kg garlic oil (T3 and T4) than other groups. These results are in agreement with Onibi et al. (2009) who found that carcass and organ traits were not significantly affected by dietary garlic supplementation. Also, Raeesi et al. (2010) found that garlic supplementation at 1 or 3 % level had no significant effects on carcass or digestive organs among trails in poultry.

Table 3. Effect of garlic oil administration on carcass characteristics of NZW rabbits at marketing age

Treat.	kg				g			
	LBW	Carcass	Liver	Heart	Kidney	Lungs	Giblets	Testes
T1	2.2	1.31	75.1	5.6 <sup>b</sup>	17.5	19.03	192.04	5.80 <sup>b</sup>
T2	2.3	1.31	68.1	6.3 <sup>b</sup>	18.3	15.53	176.27	6.53 <sup>ab</sup>
T3	2.2	1.26	87.4	8.7 <sup>a</sup>	18.4	14.20	216.07	7.80 <sup>a</sup>
T4	2.1	1.28	81.3	8.4 <sup>a</sup>	17.8	20.47	209.37	7.33 <sup>a</sup>
SEM	0.10	0.07	8.39	0.63	1.03	2.99	15.67	0.43
Sig.	NS	NS	NS	**	NS	NS	NS	**

Note. a, b, c: Means in the same column with different superscripts differ significantly ( $P \leq 0.05$ ).

### 3.2 Blood Parameters and Immunity Response of NZW Rabbits

Results showed that blood glucose concentration of rabbits fed garlic supplemented diets was significantly lower than that of the control group. This may reflect a positive influence of garlic on carbohydrate metabolism via its effect on endocrine pancreas secretion, *i.e.* insulin. In this respect, Liu et al. (2005) have reported that garlic oil decreased blood glucose and improved the glycaemic control system in diabetic rats through increased insulin secretion and insulin sensitivity. This support our results a mechanism of action of garlic as a hypoglycemic agent was extensively discussed by (Belemkar et al., 2013) who found that possible inhibition of glucose transport by garlic is due to the increased utilization of glucose by the gut wall which resulted in reduction of glucose transported into the serosal solution.

The effect of administration of different doses of garlic essential oil on blood glucose, cholesterol, triglycerides, HDL, LDL, IgG, IgM, IgA, TAC, MDA and testosterone concentrations are summarized in Table 4. There were no significant effect of garlic levels on plasma cholesterol, triglyceride, LDL in all group during the experimental period whereas, rabbit fed the 0.5 g/kg garlic oil diet (T3) had significantly higher HDL level than other groups. These results are in agreement with previous studies which reported that the HDL level was significantly higher in the garlic administrated compared to the control group (Kwon et al., 2003). However, Christopher et al. (2001) showed that the garlic powder had no significant effect on plasma lipids levels. Also, supplementation with AGE (aged garlic extract) had no significant effects on serum total, LDL or HDL cholesterol and triglyceride concentration (Rahman & Billington, 2000). The hypocholesterolemic effect of garlic oil may be related to the testosterone level in rabbits fed garlic diets, which indicates a higher turnover of cholesterol from blood to adrenal cortex for steroid synthesis. Thus, cholesterol was known as the precursor of all steroid hormones.

Table 4. Effect of garlic oil administration on plasma glucose and lipids profile NZW rabbits

Treat.	Glucose	Chol.	TG	HDL	LDL	IgG	IgM	IgA	TAC	MDA	Testosterone
	mg/dl							nmol/ml		ng/ml	
T1	288.0 <sup>a</sup>	77.27	51.57	19.53 <sup>b</sup>	47.42	515.8 <sup>ab</sup>	133.0 <sup>bc</sup>	159.5 <sup>b</sup>	1.10 <sup>b</sup>	30.57 <sup>a</sup>	2.47 <sup>c</sup>
T2	268.7 <sup>c</sup>	71.50	54.03	19.97 <sup>b</sup>	40.73	522.4 <sup>ab</sup>	145.9 <sup>ab</sup>	178.9 <sup>a</sup>	1.25 <sup>ab</sup>	26.17 <sup>bc</sup>	3.64 <sup>a</sup>
T3	274.7 <sup>bc</sup>	74.87	47.43	23.03 <sup>a</sup>	42.35	570.4 <sup>a</sup>	159.3 <sup>a</sup>	192.9 <sup>a</sup>	1.39 <sup>a</sup>	24.83 <sup>c</sup>	3.67 <sup>a</sup>
T4	278.3 <sup>b</sup>	74.43	50.03	19.10 <sup>b</sup>	45.33	506.4 <sup>b</sup>	128.1 <sup>c</sup>	150.7 <sup>b</sup>	1.18 <sup>b</sup>	28.73 <sup>ab</sup>	3.25 <sup>b</sup>
SEM	2.5	3.94	3.20	0.86	3.01	17.1	5.08	5.64	0.05	0.92	0.09
Sig.	**	NS	NS	*	NS	*	**	*	*	**	***

Note. a, b, c: Means in the same column with different superscripts differ significantly ( $P \leq 0.05$ ).

The results related for humoral immune response of rabbits showed significant increases in immunoglobulin in dose dependent minimum up to 0.50 g/kg with highest concentration of immune response accrued at 0.5 g/kg

garlic oil diet. But, the high dose of garlic oil 0.75 g/kg reduced the immunity response may be due to, that the over dose has toxic effect. These results are in agreement with previous studies which reported that supplementation of AGE in growing pigs can improve the immune response (Wang et al., 2011). Also, Alagawny et al. (2016) found that IgG increased by adding garlic powder until 6 g/kg garlic powder to rabbits diet.

It is of great interest to notice that garlic oil administration to rabbits diet significantly increased TAC compared to the control group but, the best response was for rabbits fed 0.5 g/kg garlic oil diet. Similarly, MDA was lower significantly by adding garlic oil. The present results support the previous researches concerning the rate of garlic as an antioxidant which was also evidenced in our study. These results are in agreement with other studies (Durak et al., 2002) which declared that garlic extract decreased the level of MDA in the blood samples which demonstrates reduced oxidation reactions in the body. In fact, the negative relation between MDA and HDL cholesterol indicates a synergetic effect of both parameters, where, HDL has a protective function in the prevention of a atherosclerosis while MDA fractions as a reliable indicator for oxidation reactions a long with the antioxidant capacity.

Results showed also an interesting observation concerning plasma testosterone concentrations in rabbits fed supplement garlic oil levels garlic oil where testosterone level was significantly higher for garlic oil treatments compared to the control group. This effect was due in part to, the significant higher in testes weights of growth performance rabbits as discussed before (Table 3). It is well known that testosterone Secretion is under the control of LH hormone via its effect on leydig cells. Since, Oi et al. (2001) suggested that garlic administration increases testosterone production in rat testis enhancement of LH secretion from the pituitary gland, which support our findings.

### 3.3 Total Microbial Counts

The populations of total bacterial count in the cecal contents especially coliform bacteria, were affected by garlic oil supplement to rabbit diets (Table 5). The results showed that the addition of garlic oil significantly decreased the count of coliform bacteria compared to the control treatments. However, garlic treatments significantly increased the total viable bacterial count. Garlic oil has shown much improved positive effects on growth performance and inhibition and controlling of pathogenic microorganism. The results showed that the lowest coliform bacteria counts were recorded to T3 followed by T2 treatments. It is likewise believed that garlic treatments increase the benefit bacteria in the large intestinal tract and improve the production of lactic acid and may provide an energy source of intestinal epithelial cell growth that improves nutrient absorption to definite level.

Table 5. Values of the viable total bacterial count (cfu/g) and specific microorganisms count found in cecal contents of rabbits fed Garlic oil supplemented diets

Treatments	Total count	Coliform bacteria count
T1	$239 \times 10^4$ <sup>d</sup>	$91 \times 10^a$
T2	$188 \times 10^8$ <sup>c</sup>	$5.4 \times 10^b$
T3	$293 \times 10^8$ <sup>b</sup>	$1.8 \times 10^b$
T4	$830 \times 10^8$ <sup>a</sup>	$17.3 \times 10^b$
SEM	$17.5 \times 10^8$	$6 \times 10$
Sig.	***	***

Note. a, b, c, d: Means in the same column with different superscripts differ significantly ( $P \leq 0.05$ ).

The antibacterial activities of garlic against *S. typhi* and harmful organisms were discussed by (Fleischauer & Arab, 2001) to be related to the presence of several components such as alliin, alline, ajorene, diallyl sulfides, diallyl disulfides, diallyl trisulfides, S-allylcysteine, organosulfur compounds and allylsulfur compounds which make garlic as a powerful disease fighting agent. In earlier study (Jamroz et al., 2005) a significant reduction of coliform bacteria number has been obtained following an application of garlic treatments which exert a differential inhibition between beneficial intestinal microflora and potentially harmful enterobacteria (Rees et al., 1993). Also, Bokaeian and Bameri (2013) and Dangana et al. (2016) found that garlic has significantly antibacterial activity against coliform bacteria and effective on destroying enterococci.

From the previous findings, it is clear that the higher level of garlic was not effective in reducing the coliform bacterial count (T4) as the low levels. This holds true as immunoglobulin's level of this group T4 was

significantly lower than the other groups indicative of an excellent defense mechanism creation. In this respect significant fractions of all immunoglobulin's bound to lactose-agarose are synthesized in the small intestine. By partial deposition in the brush border act as antibodies, which has protective function by preventing lectin-like pathogens from gaining access to the brush border surface. Hansen et al. (2006) in the small intestine, the host response toward pathogens relies upon antibodies to provide a first line of defense, and mainly secretory immunoglobulin A, and to some extent secretory immunoglobulin M, produced by mucosal plasma cells in the lamina propria, accomplish this function. The antibodies are hereby delivered to the mucus layer of the gut to perform immune exclusion and clearance of antigens (Brandtzaeg & Johansen, 2005; Hansen et al., 2006). The results of the blood plasma analysis agree with coliform bacterial count results, as the immunoglobulin A levels were higher in the (T2 and T3) group then decrease in T4 group. The viable cells given to the T2 and T3 group probably acted like antigens that stimulate the IgA synthesis in the intestinal lymph tissue of rabbits. This effect may be beneficial because the increase of immunoglobulin A in the intestine decreased (prevents) growth pathogenic bacteria.

#### 4. Conclusion

The finding of the present study indicate that supplemented of garlic oil at 0.5 g/kg of diet has improved on HDL, immunoglobulin's G, antioxidant status and testosterone hormone in addition to its antibacterial effect.

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